

Now mobile friendly!



**Special  
Olympics**  
New York

Message from Special Olympics New York  
**Genesee Regional Update**



February 27, 2017

**SPREAD THE WORD  
TO END THE WORD.**

**PLEDGE**

**TO**

**SHOW**

**RESPECT**

**SPREAD THE WORD TO END THE WORD**

The word retard(ed) hurts millions of people with intellectual disabilities, their families and friends. Take the pledge and help promote the new R-word: RESPECT.

**R-WORD.ORG**

SEPT 2008 BEIJING Special Olympics

**03.01.17**

[STW Fact Sheet](#)

[STW Planning Kit](#)

[STW Action Kit](#)

Visit [www.R-WORD.org](http://www.R-WORD.org) to pledge today to "spread the word to end the word!" Over **659,110** online pledges have been signed already!

Did you know that the YMCA of Greater Rochester offers Special Olympic's Athletes a personalized financial assistance process for individual memberships?

*Did you know that the YMCA of Greater Rochester is supportive of 1:1 support at all of their branches as a benefit to the Athletes membership?!*

Take advantage of these great benefits today by filling out [this application](#) and emailing/faxing it directly to Caroline Moran at [carolinem@rochesterymca.org](mailto:carolinem@rochesterymca.org), fax 585-454-1326, or contact Caroline directly at 585-263-3941.



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## Coaches Corner

### Coaches Trainings

If you or someone you know is interested in becoming a certified Special Olympics New York coach, the first step is to attend one of our online general sessions. Please click the link(s) provided below to register for the corresponding general session.

[March 15, 2017 from 6-9pm](#)

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## Competitions and Volunteer Opportunities

Winter season events are posted on the calendar and we are adding more information for these events as it comes in. To access registration forms or volunteer at any of these events, please visit our calendar and click on the programs that interest you.

[OUR CALENDAR](#)



## 2016 ATLANTIC HOCKEY CHAMPIONSHIP

### **SPECIAL OLYMPICS OPEN SKATE\***

*\*Only open to the first 20 registrants*

WEGMANS FOOD MARKETS & THE ATLANTIC HOCKEY CONFERENCE INVITE ROCHESTER SPECIAL OLYMPICS TO A FAMILY OPEN SKATE PRIOR TO THE NCAA ATLANTIC CONFERENCE CHAMPIONSHIP GAME

- 1-HOUR OPEN SKATE
- GAME TICKET INCLUDED



#### WHEN

SATURDAY, MARCH 18<sup>TH</sup> @ 4:30 – 5:30 PM

#### WHERE

BLUE CROSS ARENA – ROCHESTER, NY  
100 EXCHANGE BLVD. ROCHESTER, NY 14614

RSVP by 3/15 to Andrew Spencer  
[Andrew@ahasportsproperties.com](mailto:Andrew@ahasportsproperties.com)



#### Conference Members

1. Air Force
2. American Int'l
3. Army
4. Bentley
5. Canisius
6. Holy Cross
7. Mercyhurst
8. Niagara
9. RIT – 2016 Champion!
10. Robert Morris
11. Sacred Heart

[www.atlantichockeyonline.com](http://www.atlantichockeyonline.com)



### **2017 Buffalo Snow Bowl**

*Register your team for the 1st annual Buffalo Snow Bowl, 6 on6 flag football tournament on Saturday, March 11th at New Era Field. This is not a fantasy football game - you get an opportunity to play on a professional football field and hear the roar of your family and friends as you dive for the goal line!*

When? **March 11, 2017**

Where? **New Era Field, 1 Bills Drive Orchard Park, NY**

How to Register? <http://www.buffalosnowbowl.org/>

### **Freezin' for a reason!**

*Did you miss Rochester's 2017 Polar Plunge at Ontario Beach Park?  
Good news, the Canandaigua Polar Plunge is coming up!!*

When? **March 25, 2017**

Where? **Canandaigua Lake - Onanda Park**

How to Register? <http://www.polarplungeny.org/Canandaigua>



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*"Volunteering for the Special Olympics has been a life changing experience. The athletes I have met and worked with have given me a new outlook on life!"*

Special Olympics Volunteer, Jessica Anders

*"Participating with Special Olympics New York has allowed me to make lots of new friends and have experiences that would never have been possible before"*

Special Olympics Athlete, Amanda Vito

*"There is no greater cause on earth, which is why I jump into Lake Ontario every year to support it!"*

Special Olympics Supporter, Mitch Caracho

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**Links: [Resources](#) / [Medical & Consent](#) / [Concussion Training](#) / [Protective Behaviors](#)**

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*Would you like to see something specific in the Regional Update? Email Jonathan at [jcastrechino@nyso.org](mailto:jcastrechino@nyso.org) with your ideas!*

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