ATHLETE FORM

TEAM NAME		
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REGION

INSTRUCTIONS:

- 1. Athletes may enter one event only.
- 2. Athletes must be able to RUN the event.
- 3. Please use black pen when filling out this form if you aren't typing.





ACTIVE ATHLETES		Date of Birth	GENDER	EVENT	TIME		
#	Last Name	First Name	(Month/Date/Year)	Male Female	3K or 5K	Min: Sec . Milisec	
1							
2							
3							
4							
5							
6							
7							

ALTERNATE ATHELTES		Date of Birth (Month/Date/Year)	GENDER	EVENT	TIME	
#	Last Name	First Name	(Month/Date/Year)	Male Female	3K or 5K	Min : Sec. Milisec
1						
2						
3						
4						
5						

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1						
2						
3						
4						
5						

COACH FORM

INSTRUCTIONS

- 1. All coaches within your quota must be certified.
- 2. Alternate coaches are activated in the event active coaches are unable to attend games.
- 3. All volunteers for team must be registered. This includes coaches, agency staff, one-on-ones, chaperones, etc.

o. 7 iii Volunteere for team mast be registered. This infolded occurres, agency stair, one on ones, oneperence, etc.								
Т	EAM NAME			REGION				
	ACTIVE COACHES		DATE OF BIRTH	DATE OF BIRTH GENDER		DER Certific		
#	Last Name	First Name	(Month/Date/Year)	M	F	Yes	No	
1								
2								
3								
4								
5								
ALTERNATE COACHES		DATE OF BIRTH	GE	GENDER		Certification Current?		
#	Last Name	First Name	(Month/Date/Year)	M	F	Yes	No	
1								
2								
3								
	AGENCY STAFF, 1:1,	CHAPERONES, ETC.	DATE OF BIRTH	GE	GENDER		Certification Currrent?	
#	Last Name	First Name	(Month/Date/Year)	М	F	Yes	No	
1								
2								
3								
4								
5						I		





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#	Last Name	First Name	(Month/Date/Year)	M	F	Yes	No	
1								
2								
3								
4								
5								
ALTERNATE COACHES		DATE OF BIRTH	GE	GENDER		Certification Current?		
#	Last Name	First Name	(Month/Date/Year)	M	F	Yes	No	
1								
2								
3								
	AGENCY STAFF, 1:1,	CHAPERONES, ETC.	DATE OF BIRTH	GE	GENDER		Certification Currrent?	
#	Last Name	First Name	(Month/Date/Year)	М	F	Yes	No	
1								
2								
3								
4								
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