



MEET SPECIAL OLYMPICS NY ATHLETE

Liza Ambrozini

Liza is 38 years old, from Queensbury, and has been competing with Special Olympics NY for about 13 years. Her two favorite sports are alpine skiing and tennis, and they have given her the confidence to attain her goals. In skiing, Liza likes to speed down the mountain. In her Special Olympics career, she has competed in regional games, state games, and two USA Games! “Through my sports, I’ve become a leader on and off the court,” says Liza. “I’ve learned to be a good sport and stay calm, even if I lose.”

Liza will compete in alpine skiing at the 2025 World Winter Games in Bardonecchia, Pragelato, Sestriere, and Turin, Italy from March 8 -15. The event will include 1,500 athletes, 621 coaches, 2,000 volunteers, and more than 100,000 spectators.



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