



**Capital District Region  
Aquatics Competition  
Sunday, March 23, 2025**

**LOCATION:** Mohonasen High School, Pool  
2072 Curry Road  
Schenectady, NY 12303

**REGISTRATION:** In order to register for this event, each training club **MUST** have a current roster and **ALL** waivers and certifications on file with the Regional Office.

Registration forms for both athletes and coaches should be submitted no later than **Wednesday, March 12th** to Erik by **fax at (518) 930-4884** or **email at ekromer@nyso.org** All registered athletes must have a current medical and consent and all registered coaches must be certified Special Olympics Aquatics Coaches.

**AREAS/REGIONS:** All Training Clubs are invited to participate.

**AWARDS:** Athletes will be awarded ribbons depending on place.

**MEALS/CONCESSIONS:** Not provided at this event

**EVENT SCHEDULE**  
*(subject to change)*

10:15am	Arrival/Registration Volunteer Registration
10:50 am	Warm-Ups
11:10am 11:20am	Opening Ceremonies Modified Events
11:30am	Event Start Awards following each event