

ATHLETICS - TRACK & FIELD

Team Na

Region:

Head Co

Day of Event

INSTRUCTIONS:

- Athletes may enter up to two events, plus a relay
- If the Team is registering more than 15 athletes, please number the pages in the box at the right.
- Enter the appropriate event code(s) for each athletes, followed by their performance information for that event. List Pentathlon athletes under Event #1.
- The following minimum standards will be enforced:
Running Long Jump (1 meter)

EVENT=CODE

50M Dash=050M
100M Dash=100M
200M Dash=200M
400M Dash=400M
800M Dash=800M
1500M Dash=1.5KM
3000M Dash=3.0KM
100M Walk=100W
400M Walk=400W

EVENT=CODE

Stand Long Jump=STLJ
Run Long Jump=LNJP
Run Long Jump=LNJP
Shot Put-Men=SP1M
Shot Put-Women=SP2W
Softball Throw=SOBT
Turbo Jav=TJAV
Pentathlon=PENT
(100M, Long Jump, Shot

EVENT=CODE

4X100 Relay=4XCR
4X200 Relay=4X2R
4X400 Relay=4X4R

ATHLETES NAMES (LAST, FIRST) Please print legibly	DOB	SEX	EVENT #1	METER OR MIN	CENT. OR SEC.	EVENT #2	METER OR MIN	CENT. OR SEC.	Relay Event	DIV	Time		Leg A,B,C
											MIN	SEC	
1		M F								JR SR			
2		M F								JR SR			
3		M F								JR SR			
4		M F								JR SR			
5		M F								JR SR			
6		M F								JR SR			
7		M F								JR SR			
8		M F								JR SR			
9		M F								JR SR			
10		M F								JR SR			
11		M F								JR SR			
12		M F								JR SR			
13		M F								JR SR			
14		M F								JR SR			
15		M F								JR SR			
ALTERNATES													
1		M F								JR SR			
2		M F								JR SR			
3		M F								JR SR			

****ALL INFORMATION NEEDS TO BE FILLED OUT FOR EACH ATHLETE TO BE REGISTERED. IF THE INFORMATION IS NOT PROVIDED, THE ATHLETE(S) MAY BE SCRATCHED.**

PAGE #
___ of ___

me:

ntact:

t Phone Number:

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