 

Capital District Region

**Track & Field Super Regional**

**Sunday, June 1st, 2025**

**LOCATION:** Saratoga Springs High School

1 Blue Streak Boulevard

Saratoga Springs, NY 128668

**REGISTRATION:** **In order to register for this event, each training club should have a current roster on file with the Regional Office. Please contact Erik at** **ekromer@nyso.org** **or at 518-612-4060**

Registration forms for both athletes and coaches should be submitted no later than **Monday May 19th, 2025** to Erik Kromer by ***fax at (518) 612-4060*** or ***email at ekromer@nyso.org***. All registered athletes and coaches must have current paperwork and certifications on file prior to event date.

**\* this event is a regional competition with prelims and finals\***

**AREAS/REGIONS:** Capital District Region and North Country Training Clubs are given priority registration.

**MEALS:** Meals are NOT PROVIDED- Please plan accordingly.

**AWARDS:** Athletes will be awarded after the conclusion of each final event.

**EVENT SCHEDULE**

*(subject to change)*

9:15-10:00am Arrival/Registration

10:10am Opening Ceremonies

10:20am Coaches Meeting

10:30am Prelims & Distance Finals

12pm Field (All Finals)

1:30pm Other Finals Begin

 (Awards given at conclusion of each finals event)

3:15pm Expected Departure

\*\*Timing is all approximate and subject to change based upon registration and flow of the day\*\*